

## Combination

Serve w. soup (wonton, egg drop hot & sour soup or pork egg roll and choice of white rice, veggie fried rice or brown rice)

Pepper Steak w. Onion 10.95	Szechuan Peppercorn Chicken 10.95
Chicken w. Mixed Veg. 10.50	General Tso's Chicken 11.50
Chicken Broccoli Soy Ginger Sauce 10.50	Sesame Chicken 11.50
Beef Broccoli Soy Ginger Sauce 10.95	Baby Shrimp w. Broccoli 11.50
Chicken w. Cashew Nuts 10.95	Boneless Spare Ribs 11.50
Chicken w. Garlic Sauce 10.95	Mild Mango Chicken 11.50

## Vegetable Jasmine or Brown Rice

Sautéed Mixed Vegetables	10.50
Sautéed String Beans w. Garlic Sauce	10.95
Eggplant w. Garlic Sauce	11.95
Szechuan Tofu w. Mixed Vegetable	10.95
Buddhist Delight	10.50
Broccoli w. Garlic Sauce	10.50
Thai Curry Vegetable	11.95
Eggplants Szechuan Peppercorn Sauce	11.95
Eggplants Asian Spicy Chili Sauce	11.95

## Health Food Section

Jasmine or Brown Rice

*The following menu is specially provided for customers whom prefer a low calorie & cholesterol diet. All of the dishes are steamed and prepared with no salt, corn starch & oil, while cooked in an all natural seasoning which includes: scallion, ginger and garlic. A subtly flavored sauce accompanies the dish*

Steamed Mixed Vegetables	10.50
Steamed Chicken w. Mixed Vegetables	12.50
Steamed Jumbo Shrimp w. Mixed Vegetables	14.50
Steamed Tofu Home Style	10.50
Steamed Shanghai Green w. Chicken	12.95
Steamed Broccoli w. Chicken	12.50
Steamed Broccoli w. Shrimp	14.50

## Side Order

Jasmine Rice	1.65/ 2.75
Brown Rice	2.75/ 3.75

## Beverage

Soda	(Can) 1.35	(Bottle) 2.00
Spring Water		1.35
2 Liter		3.50

## LUNCH SPECIALTIES

**Tue. - Sat: 11:00am - 3:30pm Sun: 11:30am - 3:00pm**

*Choice of soup: wonton, egg drop, hot & sour or egg roll or can soda*

*Choice of rice: steamed rice, brown rice or vegetable fried rice*

### Wok Star

<b>Broccoli Soy Ginger Sauce</b>	<b>Eggplant Garlic Sauce</b>
Tofu 8.25	Tofu 8.25
Chicken or Pork 8.50	Chicken or Pork 8.50
Shrimp or Beef 8.95	Shrimp or Beef 8.95
<b>String Bean Garlic Sauce</b>	<b>Kung Pao</b>
Tofu 8.25	Tofu 8.25
Chicken or Pork 8.50	Chicken or Pork 8.50
Shrimp or Beef 8.95	Shrimp or Beef 8.95
<b>Mixed Vegetable Brown Sauce</b>	<b>Cashew Nuts</b>
Tofu 8.25	Tofu 8.25
Chicken or Pork 8.50	Chicken or Pork 8.50
Shrimp or Beef 8.95	Shrimp or Beef 8.95
<b>General Tso's Chicken 8.95</b>	<b>Sesame Chicken 8.95</b>

### South East Asia

<b>Sambal</b>	<b>Wok Glazed Ginger</b>
Tofu 8.50	Tofu 8.50
Chicken or Pork 8.95	Chicken or Pork 8.95
Shrimp or Beef 9.25	Shrimp or Beef 9.25
<b>Mild Mango Sauce</b>	<b>Szechuan Peppercorn</b>
Tofu 8.50	Tofu 8.50
Chicken or Pork 8.95	Chicken or Pork 8.95
Shrimp or Beef 9.25	Shrimp or Beef 9.25
<b>Black Bean Sauce</b>	<b>Thai Curry</b>
Tofu 8.50	Tofu 8.50
Chicken or Pork 8.95	Chicken or Pork 8.95
Shrimp or Beef 9.25	Shrimp or Beef 9.25

### Noodle & Fried Rice (Without Rice)

<b>Lo Mein</b>	<b>Fried Rice</b>
Vegetable 8.50	Vegetable 8.50
Chicken or Pork 8.50	Chicken or Pork 8.50
Shrimp or Beef 8.95	Shrimp or Beef 8.95
<b>Pad Thai</b> <small>(Thai rice fettuccine)</small>	<b>Chow Fun</b> <small>(Flat rice noodle)</small>
Vegetable 8.95	Vegetable 8.95
Chicken or Pork 8.95	Chicken or Pork 8.95
Shrimp or Beef 9.25	Shrimp or Beef 9.25



**Soy & Ginger**  
WOK GRILL

14 E Mt. Pleasant Ave.  
Livingston, NJ 07039

**Parking in Rear**

Tel: 973-533-9888  
973-533-9999  
Fax: 973-992-4888

### Business Hours

Monday:	Closed
Tue - Thurs:	11:00am - 10:00pm
Fri - Sat:	11:00am - 10:30pm
Sun:	11:30am - 10:00pm



**DELIVERY FEE \$2.00**  
**(Minimum \$15)**



**Soy & Ginger**

WOK GRILL

[www.soyginger.com](http://www.soyginger.com)

We use only  
the finest and freshest  
ingredients to create  
our innovative dishes

★ All Natural ★  
★ No MSG ★

Food Allergies? If you have a food allergy, please speak to the owner, manager, chef or your server

## Soup

Miso Soup	3.50 / 5.75
🔥 Vegetable Hot & Sour Soup	3.50 / 5.75
Wonton Soup	3.50 / 5.75
Corn Egg Drop Soup	3.50 / 5.75
Wonton Egg Drop Soup	4.25 / 6.50
House Special Wonton Soup	4.50 / 7.25
Chicken Rice or Noodle Soup	3.50 / 6.25
Miso Wonton Soup	4.00 / 6.75

## Salad

Organic House Green Salad <small>Cherry tomato, jicama, mango, rice wine vinaigrette</small>	5.95
Japanese Seaweed Salad <small>Jicama, mango</small>	7.50
Salmon Salad <small>Chopped salmon, mesclun, mango, jicama, walnut, brown rice w. lime miso vinaigrette</small>	12.50
🔥 Vietnamese Salad <small>Nappa, jicama, peanut, cilantro, crispy noodles</small>	8.95
Asian Grilled Chicken Salad <small>Mesclun, lime miso vinaigrette</small>	11.50
Lemongrass Grilled Shrimp Salad	11.95

## Appetizers

Thai Spring Roll	2.00
Pork Egg Roll	2.00
Steamed or Pan Fried Pork Dumpling	7.50
Vegetable Dumpling	7.50
Steamed or Pan Fried Chicken Dumpling	7.50
Crystal Shrimp Dumpling	7.50
🔥 Sichuan Dumpling <small>Pork &amp; shrimp peanut butter crème, shallot sesame, sambal oil</small>	8.50
Dim Sum Sampler <small>Vegetable, pork &amp; chicken dumpling</small>	10.95
Honey Baby Ribs <small>BBQ ribs w. honey, tamarind sauce</small>	11.95
Boneless Spare Ribs	9.50
Cold Sesame Noodle	6.25
Edamame	5.50
🔥 Chicken Lettuce Wrap <small>Mild spicy, minced chicken w. lettuce wraps</small>	11.95
Tempura Shrimp <small>Lemon crème sauce</small>	9.95
Scallion Pancake	5.50
Fried Wonton	5.95
Fried Chicken Wings (8)	8.50
🔥 Honey Glazed Chicken Wings (8)	9.50
Chicken Nuggets (12)	5.50
Caramelized Sesame Wings	9.50
🔥 Thai Curry Wings	9.50

## Mee & Noodle/ Fried Rice

🔥 Pad Thai <small>(Rice Fettuccine)</small>		🔥 Thai Mai Fun	
Veggie	10.95	Veggie	10.95
Chicken or Pork	10.95	Chicken or Pork	10.95
Shrimp or Beef	11.95	Shrimp or Beef	11.95
House	12.50	House	12.50
Chow Fun <small>(Flat Rice Noodle)</small>		🔥 Thai Fried Rice	
Veggie	10.95	Veggie	9.95
Chicken or Pork	10.95	Chicken or Pork	10.50
Shrimp or Beef	11.50	Shrimp or Beef	11.50
House	11.95	🔥 Singapore Mai Fun	
🔥 Thai Chow Fun <small>(Thai Rice Noodle)</small>		Veggie	10.95
Veggie	10.95	Chicken or Pork	11.50
Chicken or Pork	11.50	Shrimp or Beef	11.95
Shrimp or Beef	11.95	House	12.50
House	12.95	Lo Mein	
Udon Noodle <small>(Japanese Fettuccine)</small>		Veggie	9.95
Veggie	10.95	Chicken or Pork	9.95
Chicken or Pork	10.95	Shrimp or Beef	10.50
Shrimp or Beef	11.95	House	10.95
House	12.95	Fried Rice	
Mai Fun <small>(Rice Vermicelli)</small>		<small>(Jasmine) Pt Qt</small>	
Veggie	9.95	Veggie	5.50 8.95
Chicken or Pork	10.50	Chicken or Pork	5.95 9.50
Shrimp or Beef	10.95	Shrimp or Beef	6.50 9.95
House	11.95	Young Chow	6.95 10.50

## Big Bowl Noodle Soup (Add wonton \$2)

1 Choice of:	Egg Noodle, Mai Fun, Chow Fun, Japanese Udon
2 Choices of:	Chicken Clear Broth
	Japanese Miso Broth
🔥 Laksa Curry Broth	
3 Choices of:	Grilled Chicken 9.95
	Grilled Shrimp 13.50
🔥 Braised Szechuan Beef	11.95
	Tofu and Vegetable 9.50
	Baby Back Rib 12.95
	Roast Duck 13.50

\*Please ask for Gluten free dishes \$1.00 extra charge

## Wok N' Grill

Served w. Jasmine Rice or Brown Rice

Wok Glazed Ginger Duck <small>Mushroom, young ginger, balsamic vinaigrette</small>	22.00
Duck Fajitas <small>(w. 4 Pancakes)</small> <small>Shiitake mushroom, red onion and chives w. house sauce</small>	22.00
Crispy Duck	22.00
🔥 General Tso' Chicken <small>Breaded white meat</small>	13.95
Caramelized Sesame Chicken <small>(breaded) glazed, white meat</small>	13.95
🔥 Orange Chicken <small>Breaded, white meat</small>	13.95
Sliced Flank Steak Thai Basil <small>Lemongrass, soy ginger, baby bok choy, shiitake</small>	15.95
Chicken Thai Basil <small>Lemongrass, soy ginger, baby bok choy, shiitake</small>	14.95
Pork Thai Basil <small>Lemongrass, soy ginger, baby bok choy, shiitake</small>	14.95
Dragon & Phoenix <small>Tender white meat chicken w. special sesame sauce &amp; sautéed jumbo shrimp w. vegetables</small>	15.95
🔥 Mongolian Chicken <small>Sautéed chicken w. scallion, red peppers &amp; zucchini</small>	14.50
🔥 Mongolian Beef <small>Sautéed beef w. scallion, red peppers &amp; zucchini</small>	14.95
🔥 Fire Wok <small>Jumbo Shrimp, lobster tail, sea scallop, lemongrass, kaffir lime leaf, Thai coconut curry</small>	22.95
🔥 Sambal Delight <small>(Indonesian shrimp paste). Marinated prawn, sea scallop and chicken sautéed w. mixed asian vegetables</small>	16.95
🔥 Asian Grilled Chicken <small>Tumenis flavor coconut curry &amp; baby bok choy</small>	13.95

## Wok Star

Served with Jasmine or Brown Rice

Broccoli Soy Ginger Sauce		Mixed Veg. Brown Sauce	
Tofu	10.95	Tofu	10.95
Chicken or Pork	12.50	Chicken or Pork	12.50
Sliced Flank Steak	13.50	Sliced Flank Steak	13.50
Prawn or Scallop	14.50	Prawn or Scallop	14.50
🔥 String Bean Garlic Sauce		🔥 Eggplant Garlic Sauce	
Tofu	11.50	Tofu	11.50
Chicken or Pork	12.95	Chicken or Pork	12.95
Sliced Flank Steak	13.95	Sliced Flank Steak	13.95
Prawn or Scallop	14.95	Prawn or Scallop	14.95
🔥 Kung Pao		Cashew Nuts	
Tofu	11.50	Tofu	11.50
Chicken or Pork	13.50	Chicken or Pork	13.50
Shrimp or Beef	14.50	Shrimp or Beef	14.50

Food Allergies? If you have a food allergy, please speak to the owner, manager, chef or your server

Wok Grilled Garlic Prawn <small>Mushroom, roast garlic scallion, pineapple, baby bok choy</small>	15.50
Crispy Walnut Prawn & Chicken <small>Honey walnuts, lemon crème, sesame sauce</small>	15.50
🔥 Thai Casserole <small>Chicken &amp; prawn, Thai coconut curry, lemongrass &amp; Thai basil</small>	15.95
Pan-Pan Noodle <small>Braised chicken and shrimp</small>	15.50
🔥 Szechuan Peppercorn Chicken and Prawn <small>Seasoned vegetable, roasted pepper</small>	15.50
🔥 Sliced Flank Steak Pepper & Onion <small>Black pepper, soy ginger, baby bok choy</small>	14.50
Sesame Crusted Salmon <small>Sautéed seasoned vegetable</small>	18.95
Salmon Teriyaki <small>Grill salmon w. teriyaki sauce &amp; mixed vegetable</small>	18.95
Chicken Teriyaki <small>Grill chicken w. teriyaki sauce &amp; mixed vegetable</small>	15.50
Prawn Teriyaki <small>Grill Jumbo Shrimp w. teriyaki sauce &amp; mixed vegetable</small>	17.95
Four Seasons <small>Jumbo shrimp, chicken, beef, pork w. Chinese vegetable</small>	15.95
🔥 Scallop & Prawn Hunan Style <small>Jumbo shrimp &amp; scallops sautéed with mixed vegetable</small>	15.95
Chef Delight <small>Scallops, jumbo shrimp &amp; chicken sautéed w. vegetable in special sauce</small>	16.95
Seafood Delight <small>Scallops, jumbo shrimp, lobster tail, sautéed w. vegetables</small>	20.50
Happy Family <small>Jumbo shrimp, chicken, beef, pork, lobster tail, sautéed w. vegetables</small>	19.95

## South East Asia

Jasmine or Brown Rice

🔥 Sambal <small>(Indonesian spices)</small> <small>Grind shrimp and spices in a spicy sauce</small>		🔥 Szechuan Peppercorn Sauce <small>Spicy Hot Chili Pepper</small>	
Tofu	11.50	Tofu	11.50
Chicken or Pork	13.50	Chicken or Pork	13.50
Sliced Flank Steak	14.50	Sliced Flank Steak	14.50
Prawn or Scallop	15.50	Prawn or Scallop	15.50
🔥 Spicy Mango Sauce <small>Delicate balance of tropical fruit in a special brown sauce</small>		🔥 Thai Coconut Curry	
Tofu	11.50	Tofu	11.50
Chicken or Pork	13.50	Chicken or Pork	13.50
Sliced Flank Steak	14.50	Sliced Flank Steak	14.50
Prawn or Scallop	15.50	Prawn or Scallop	15.50
Wok Glazed Ginger <small>Japanese sushi ginger and soy sauce concoction</small>		Black Bean Sauce <small>Fermented black bean and Asian spices</small>	
Tofu	11.50	Tofu	11.50
Chicken or Pork	13.50	Chicken or Pork	13.50
Sliced Flank Steak	14.50	Sliced Flank Steak	14.50
Prawn or Scallop	15.50	Prawn or Scallop	15.50